



SOUTH WEST ACADEMY OF SPORT (SWAS)

Position Statement on the Management of Concussion



Version Control, Change History and Distribution

Version Control

Document Name:	Position Statement on the Management of Concussion
Prepared by:	Andrew Sloane – SWAS CEO
Endorsed by:	SWAS Board
Date endorsed:	27 th August, 2024
Version:	1.0
Review Date:	August, 2025

Change History

Amendment date	Version No.	Page No(s) replaced.	Description of change

Distribution

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**South West Academy of Sport (SWAS)
Position Statement on the Management of Concussion**

At the South West Academy of Sport (SWAS), the safety and well-being of our athletes are of utmost importance. We are committed to ensuring that all athletes receive the best care and support, particularly when it comes to the management of concussions.

Athlete Safety is Paramount

Concussions are a serious medical condition that requires appropriate management to ensure the health and safety of the athlete. At SWAS, we prioritize the safety of our athletes above all else. This includes ensuring that any athlete who may have sustained a concussion receives proper assessment, treatment, and clearance before resuming any sporting activities.

Responsibility of Athletes and Families

It is essential that athletes and their families play an active role in managing and reporting concussions. If an athlete incurs a concussion outside of SWAS activities, it is their responsibility to inform SWAS. Prompt notification allows us to provide the necessary support and to ensure that the athlete follows the appropriate return-to-play protocols.

We urge all athletes and their families to:

- Report any suspected concussions to SWAS staff without delay.
- Provide SWAS with any medical documentation related to the concussion.
- Adhere strictly to the recovery and return-to-play guidelines provided by healthcare professionals.

Adherence to National and State Sporting Bodies' Guidelines

SWAS will follow the concussion management guidelines as set forth by the relevant national and state sporting bodies. These guidelines are designed to ensure the safe and effective management of concussions and to protect the long-term health of athletes.

Our commitment includes:

- Implementing concussion management protocols that align with national and state guidelines.
- Providing education to all coaches, staff, and athletes about the signs, symptoms, and risks associated with concussions.
- To encourage access to medical professionals who are experienced in concussion management for assessments and clearances.

By following these guidelines, SWAS aims to provide a safe environment for all athletes and to minimize the risk of complications related to concussions.

Conclusion

The South West Academy of Sport is dedicated to the health and safety of its athletes. We expect athletes and their families to communicate openly about any concussion incidents and to comply with all medical advice and guidelines. Together, we can ensure that all athletes receive the care they need and can safely return to their sporting activities.

For further information or to report a concussion, please contact the SWAS CEO.